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Backcountry Skiing (Mountaineering Outdoor Experts Series)



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Synopsis

* For intermediate-to-advanced backcountry skiers * Includes safety, navigation, nutrition and fitness information, in addition to techniques *Provides advice on how to make well-informed decisionsMartin Volken and his co-authors provide skiers with all the tools and knowledge they need to safely and successfully travel in the mountains. The guide features intermediate-to-advanced techniques for ski touring and ski mountaineering, from planning wilderness trips to perfecting turns in rolling terrain and mastering uphill climbing. For those skiers ready for a more technical, high alpine environment, they draw on traditional mountaineering skills, including roped climbing, setting protection anchors, using ice axes, climbing on bare rock, and more. In addition to mastering techniques, Backcountry Skiing also features information on recent evolutions in ski equipment; avalanche safety tips; a primer on mountain weather and glaciers, trip planning tools, a discussion of emergency situations, nutrition and fitness advice, and winter camping basics.Throughout this guide, a special emphasis is put on being well-informed and making good decisions-whenever you strap on your skis and skins and head out into the backcountry.

Book Information

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Customer Reviews

This is an excellent supplement to the seminal book on Avalanches - Bruce Tremper’s "Staying Alive in Avalanche Terrain" (buy the second edition of Tremper’s book).Based on the course reading curriculum by Jonathan Shefftz (http://avycourse.blogspot.com/), whom I regularly follow on wildsnow.com and tetongravityresearch.com/forums, I purchased this book, and Jill Fredston’s "Snow Sense".Jonathan’s recommendation is good enough for me.

An excellent reference, but don’t buy the pdf download version.There are essential techniques demonstrated through photos which are poorly reproduced on the pdf versions. The kindle viewer does not zoom nor is the photo quality adequate to gain an understanding of the technical descriptions of this technical manual.Best to buy the paper version and clearly see the photos.

Very good, complete general overview for getting started and getting informed on what you really need to learn about backcountry skking. I am beginning to do some AT away from the ski area, and felt that I wasn’t clear on what I "didn’t" know about snow and the mountain. Easy to understand and covers pretty much everything, from technique for AT or Telemark, to avalanche safety and avalanche understanding. It is a good starting point, to get you oriented as to the basics, and where to look for the details. The book stresses that you need to take specific courses in order to become a true expert on the mountain, but this is a very good general overview, full of useful Information.

I think this book does a good job of covering the basics. My main complaint is that is spends too much time covering simple concepts and ideas while providing too little detail w/ more complex topics. Still leaves me with many questions about how to execute the techniques I bought the book to learn about. Overall, a good read but I think I will keep looking for a better source of knowledge related to this topic

good book. on time delivery. thanks.

Lots of specific skill sets and ideas for surviving crises in the backcountry, where resourcefulness and improvisation is everything.A good book when it comes to technical skills/ strategy/ survival

skillsA little lacking in avalanche education with only 1 chapter, but this is not the focus of the book

Good information to know if your are going to get into backcountry and especially if you want to do it safely. I know I definitely wanted to just go and not know any information but now I am glad I do and I have now become more safe.

The book was brief and as definitive as could be done in the given length. I thought systems approach to rescue was a little too brief and the outlines in imagery were less than optimal.

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